



SPORT Club



Time:

Every Tuesday from 12:30 until 1:30pm

Description:

The Sport club is aimed at every student who wishes to do sport and physical activity regularly during their lunch break.

In small groups (maximum 12 students), Mr. Grasso will organize various activities and games such as football, basket, table tennis, etc. which will contribute to students' mental well-being as well as developing physical and technical sporting skills.

Participating in Sport club means taking the time for you and your health, it's a way of reducing stress and taking advantage of all the benefits linked to regular physical activity; reinforcing the immune system, improving sleep, fighting against obesity, etc.

Attendance at this club will not be mentioned in the school report, but a certificate of attendance will be given to each participant at the end of the school year.

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On condition of minimum 6 participants and possible modifications at the start of the school year.

Registration slip for Sport club for the school year:

Student's full name: Class

Parent's or legal tutor's signature:

